

# One million+ PEOPLE taking steps out of poverty

Wherever a person starts, hope is there.

1,108,443 PEOPLE

2,932 COMMUNITIES

41 PROJECTS

23 PARTNERS

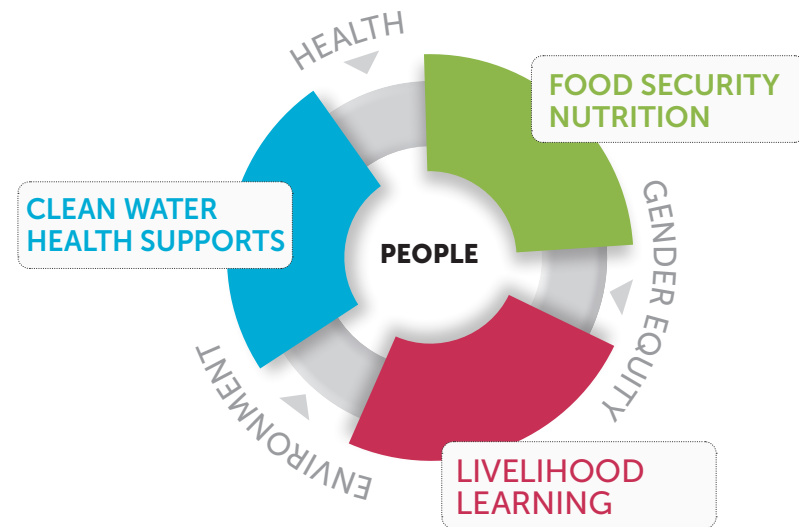
17 COUNTRIES

## AT THE CORE: SUSTAINABILITY

**Good health** helps families build better days

**Gender equity** enables women to gain skills and create opportunities to thrive in life and their communities

**Environmental** considerations are part of each project, helping create a platform for sustainability and resilience



## People ending poverty through partnerships and community-driven projects

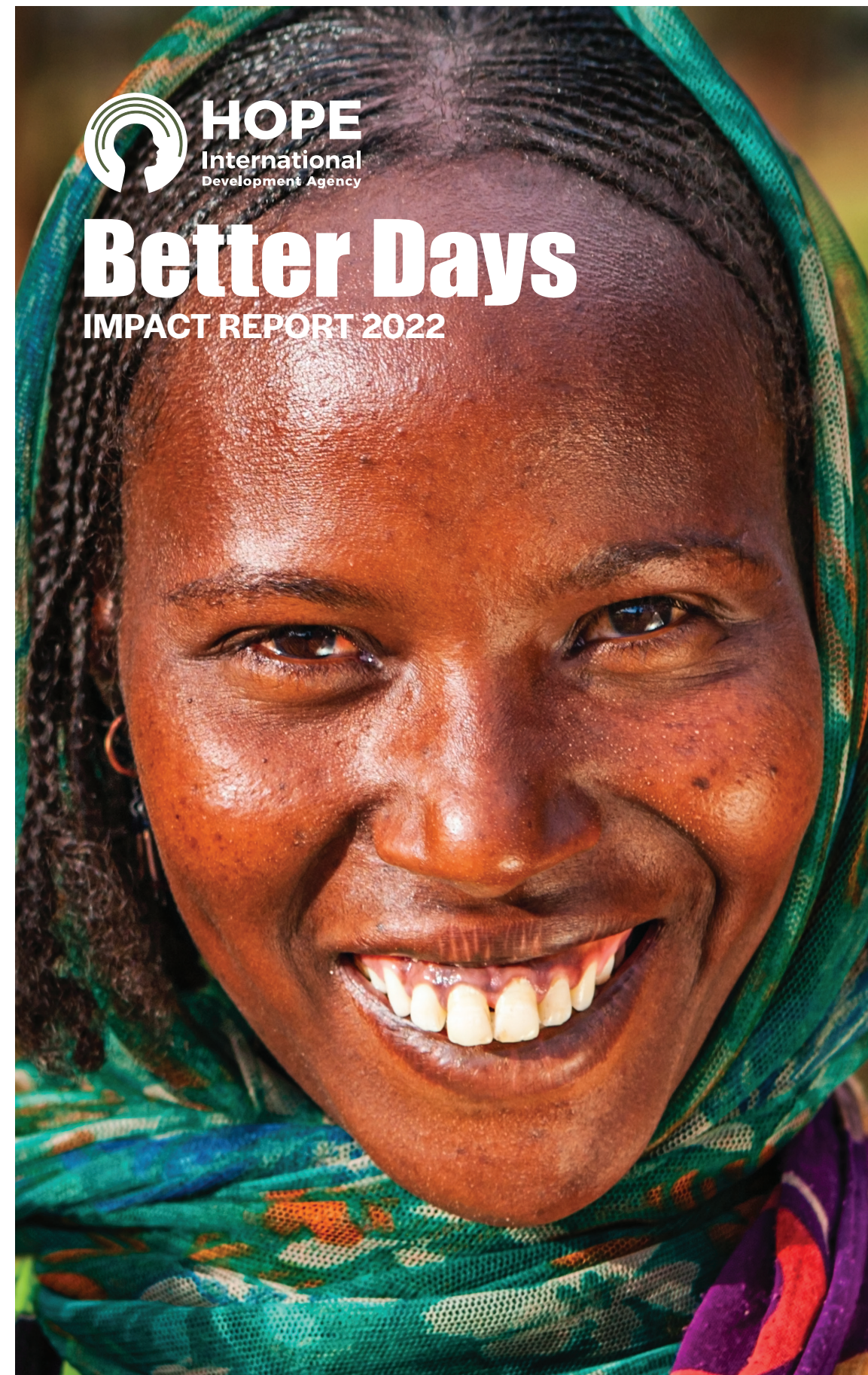
We work with grassroots organizations to ensure people experiencing extreme poverty gain the resources, knowledge and support needed to build better lives.



hope-international.com

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Charitable Registration Number 10749 0146 RR001



# Better Days

## IMPACT REPORT 2022



Sancha and her family, Nepal

## Fostering resilience, better days and HOPE

In 2022 it would have been easy to be discouraged – the numerous global conflicts and instability, double-digit inflation plaguing so many countries and a pervasive sense that it was just too much... BUT, in 2022 we were literally able to BE HOPE in some very difficult places. More than 1 million people this year saw hope come alive through your compassion and action. Together we nurtured opportunities, possibilities and sustainable, real change that meant clean water, improved nutrition and income potential for people. That is something to celebrate. Thank you for helping. Thank you for making life better for someone you may never have chance to meet. What you do matters.

*Kim Savage*

Kim Savage  
Executive Director

We can't do it all, but what we do brings hope and helps people. That matters.

## A partner network increases your impact

Shared insights, information and solutions

Haiti 24 communities

Dominican Republic 15 communities

Guatemala 18 communities

Honduras 40 communities

Peru 1 community

Ethiopia 19 communities

South Sudan 1 community

DR Congo 758 communities

Rwanda 1 community

Afghanistan 3 communities

Pakistan 3 communities

Nepal 9 communities

India 6 communities

Sri Lanka 423 communities

Philippines 88 communities

Cambodia 2 communities

Myanmar 102 communities



**CLEAN WATER • HEALTH SUPPORTS**

**Tackling two of the biggest challenges people face**

**CLEAN WATER CREATES OPPORTUNITIES**

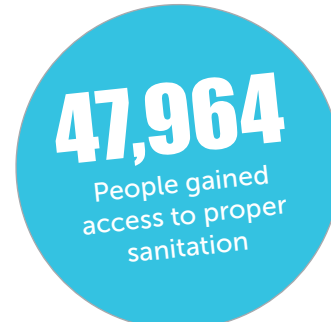
For mothers, Angelina and Juana, the better days they've dreamed of all their lives began with the turn of a tap. Gone are the days of carrying 7,000kgs of water on their backs every year. After months of community-led construction, clean water flows from water taps in every household in Xepol, a remote community of 480 people in the mountains of Guatemala. "We're not suffering anymore, and my children can stay in school rather than walk with me to collect water from a dirty river," says Angelina, proud of what her community has accomplished.



"I am happy because our water has arrived. It gives us life."  
Juana, Guatemala

**HEALTH SUPPORTS PROMOTE HEALING AND HOPE**

People in Honduras and Haiti are building a brighter future with health supports accessed at hospitals, rural clinics and mobile health units. Medical supplies, medicines like diabetes and high blood pressure medications, over-the-counter treatments and essential equipment enable medical teams to deliver a timely diagnosis and care to families facing very challenging circumstances.



**FOOD SECURITY • NUTRITION**

**Growing hope and health**

**FOOD SECURITY CREATES STABILITY**

Families in a number of provinces in the Democratic Republic of Congo are eating well every day as they build sustainable, resilient lives through fish farming. Their efforts are supported by an extensive network of land-based Tilapia fish fingerling production centres managed by local communities. Fish farmers are using tools, training, support, and local access to improved fish fingerlings to increase the output of their ponds and the nutritional value of the fish. The environmentally friendly, reliable source of protein provided by Tilapia helps keep families healthy. Also, it generates a reliable income as families sell fish at local markets. The income is used to improve life, create new opportunities and buy additional varieties of nutritious food not grown on their home garden plots. Other important aspects of family life are supported as well, including children in school and buying essentials like medicine and clothing.



A new harvest of nutritious Tilapia fish from a family's fishpond



"Fishponds made it possible to build a sturdy house and for our children to finish school."

Giles, fish farmer

**LIVELIHOOD • LEARNING**

**There's nothing small about a small business**

**POVERTY IS NO MATCH FOR WOMEN ENTREPRENEURS**

Women like Nadeeka don't let extreme poverty define them. They see over the walls poverty puts before them to the better days they will create. Nadeeka joined a self-help group in her community in Sri Lanka and used the support, training and livelihood to start a business that continues to transform her family today. "My income is reliable and growing. I can meet all my family's needs, including lifesaving medicine for my youngest son and education for my older children," says Nadeeka.



"So much has changed since I bought the little sewing machine that helped me start my business. There's no more poverty food - we eat three healthy meals every day!"

Nadeeka, Sri Lanka

**EDUCATION CREATES A PATH OUT OF POVERTY**

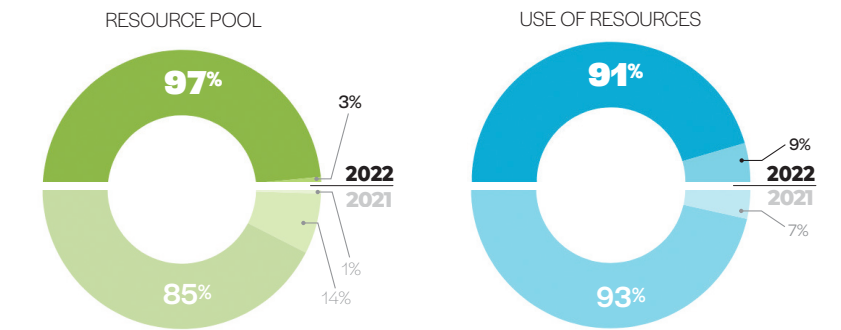
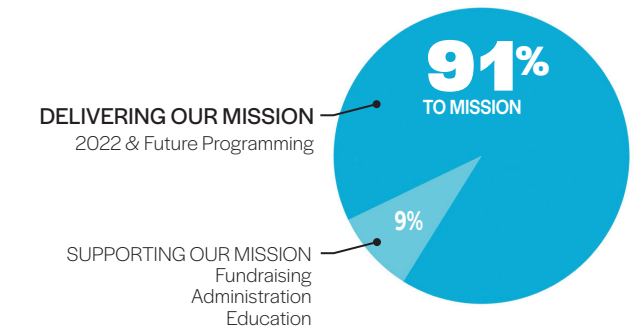
Nothing frees a child's mind from poverty like the confidence and knowledge an education provides. Every year a child is in school significantly increases their ability to overcome poverty as an adult and pursue opportunities.



**Resourcing our Mission in 2022**

**Accountable stewardship** is important because the people we help together are the priority

People facing extreme poverty and the resources invested overseas is HOPE's most important effort. While we needed to increase our education efforts here in Canada to expand our supporter base, we held fast to keeping our combined administration and fundraising costs below 10%.



RESOURCE POOL	2022	2021
Donations & Available Funds for Programs <sup>(1)</sup>	16,281,030	12,795,139
Government and Other Agencies	551,798	2,127,130
Extraordinary Income <sup>(2)</sup>		206,302
<b>TOTAL</b>	<b>16,832,828</b>	<b>15,128,571</b>

USE OF RESOURCES	2022	2021
In and For Overseas Programs <sup>(3)</sup>	15,361,904	14,035,959
Administration, Fundraising and Education <sup>(4)</sup>	1,470,924	1,092,612
<b>TOTAL</b>	<b>16,832,828</b>	<b>15,128,571</b>

<sup>(1)</sup> Includes Grants & Other  
<sup>(2)</sup> 2021 includes COVID-19 emergency subsidies  
<sup>(3)</sup> Includes future program commitments and future capital asset expenditures  
<sup>(4)</sup> In Canada  
Prepared from Unaudited Financial Statements. We regularly inform donors on the outcomes of projects they fund and our financial statements are available for review at [www.hope-international.com](http://www.hope-international.com).

**GOOD HEALTH: GOOD LIFE**

Clean water, hygiene training, and sanitation systems enable people to become and stay healthy. Health supports like medicines, essential supplies and equipment support people's health in communities where healthcare systems are lacking.

**RESILIENT ENVIRONMENT: RESILIENT PEOPLE**

For people to be resilient, the environment they depend on for life and livelihood must also be resilient. In addition to addressing food security and nutrition challenges accompanying poverty, our projects help people improve and sustain their environment.

**EQUITABLE OPPORTUNITIES: SUCCESS**

Gender equity ensures women have access to support and livelihood skills training to create opportunities to step out of poverty and stay out of poverty. Access to education enables children and youth to learn their way toward their dreams.